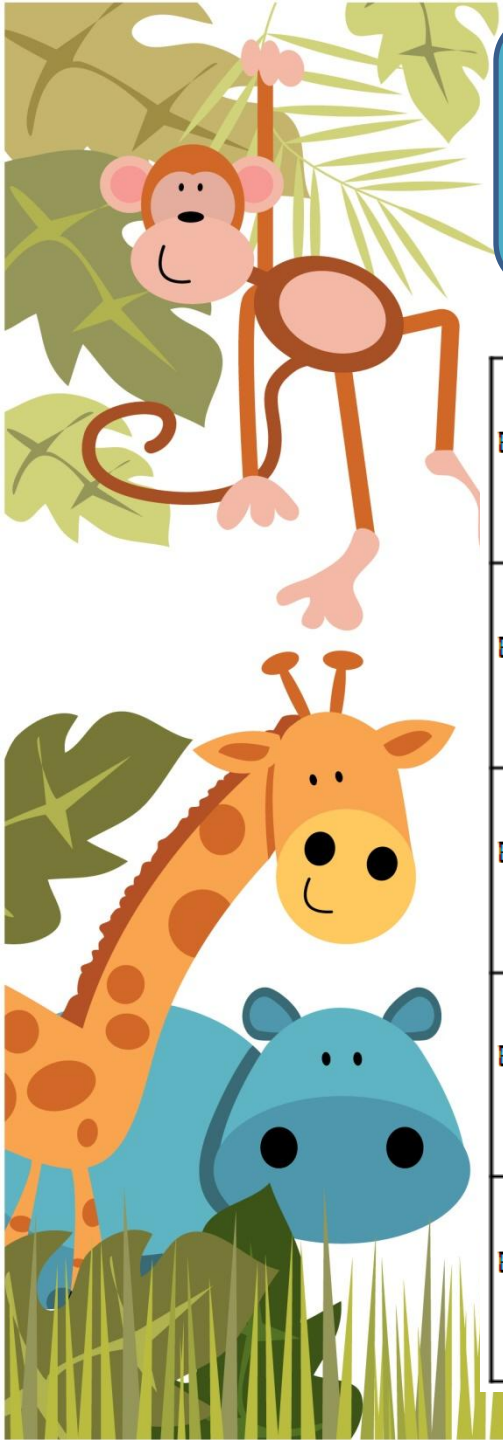

Directions:

Color in the squares and triangles after brushing and flossing!

Remember, brush in the morning!
Brush and floss at night!

Kids Smile
Pediatric Dentistry

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(562)924-5437

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss |
| Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss | Brush ☐ ☐ △ Floss |
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